

MODEL 119

# Alpena

CONTOUR LSO

The **NEW Alpena Comfort LSO** is a universal bracing system that allows for a progression of rehabilitation adaptability with anterior and removal lateral and posterior panels. It features a flexible pulley system to provide maximum comfort and fit.

- Code **L0637** & **L0650** approved
- One universal size: S-4XL (25-60" circumference)
- Provides superior 5:1 compression and stabilization from the sacrococcygeal junction to T-9 vertebra



*Contoured Padded Posterior Panel*



*Flexible pulley system conforms to the patient and easily adjusts for desired comfort*

## FEATURES

- Removable contoured padded posterior and lateral panels provide maximum comfort and support when sitting or standing
- Low profile rigid anterior panel is built into the belt for greater patient comfort and compliance
- Easy to use dual handle pulley helps provide equal compression as well as aids patients with arthritic hand issues and muscle weakness

## INDICATIONS

- Lumbar sacral mechanical back pain
- Spinal stenosis
- Spondylolisthesis
- Degenerative and bulging discs
- Herniated/bulging discs
- Facet syndrome
- Post-operative stabilization protocol following:  
Laminotomy, foraminotomy, IDET procedures, anterior laparoscopic fusion, posterior lateral fusion, and multilevel decompression



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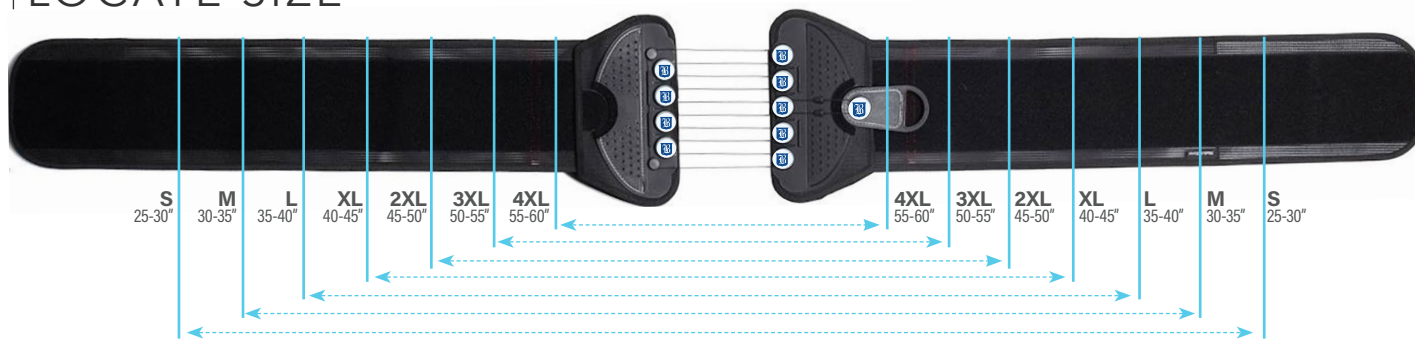
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Revision 11/30/20

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# Fitting Instructions

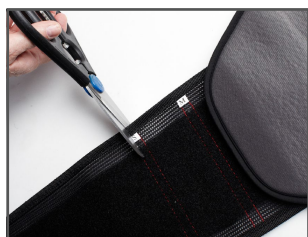
## 1 | LOCATE SIZE



## 2 | CUT TO SIZE



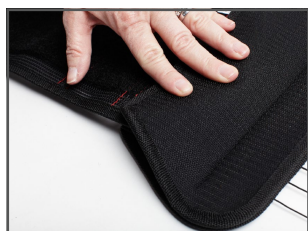
Lift sleeve and remove extension panels to adjust to appropriate size.



Cut to desired length with scissors (prior to cutting, refer to sizing chart for proper length).

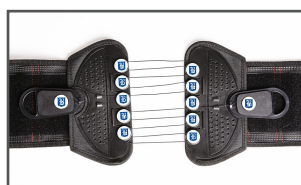


If size adjustment is minimal, simply fold the extension panel to desired length.



Once adjustment is made, (cut or folded) simply lift the sleeve and attach the extension to Velcro. Press down to secure.

## 3 | FIT TO SIZE



Initially align each pulley handle to the side of the brace prior to fitting. Adjust tension for sitting or standing.



Center back panel on the spine with the pointed part of the posterior panel up.



Wrap the left side to the front, positioning the front panel. Then wrap right side on top of the left panel to close and attach in front.



Pull each side pulley at the same time out and away to desired compression and support.



Place the handles on the fabric for a secure fit.

## PULLEY ADJUSTMENT

To Shorten the Length of the Nylon Cord on the Pulley Handle:



Detach the cord from the front clip



Wrap the cord around the 360° side groove clockwise



Reattach the cord to the front clip